

FAMILY HEALTH CARE CENTER BAR CODE AND HYPERLINK

DOCUMENT “STUFF”

GENERAL FHCC STUFF

Video of FHCC

<https://www.youtube.com/watch?v=SLLxH1tpAU>

Feel free to share with your friends😊

Survey of Recent Office visit



PREVENTATIVE HEALTH STUFF

Magnificent 7 Vaccination sheet



Fruits and Vegetables



Hi Fiber Diet



How to Read Food label



Stress Management



Read about State of the Art Body Mass Comp.



Cologuard Stool testing



The most prevalent preventable problem in the world

Do you have it?.Click [here](#) to find out

INTERVENTIONAL MEDICAL STUFF

Soft Diet (For diarrhea)



TELEVISIT STUFF

Want to Participate in Televisits on your smartphone-Load Healow off of the Portal-Scan and Hop on!



UPDATE 12/22/2018